

### Autism Works!

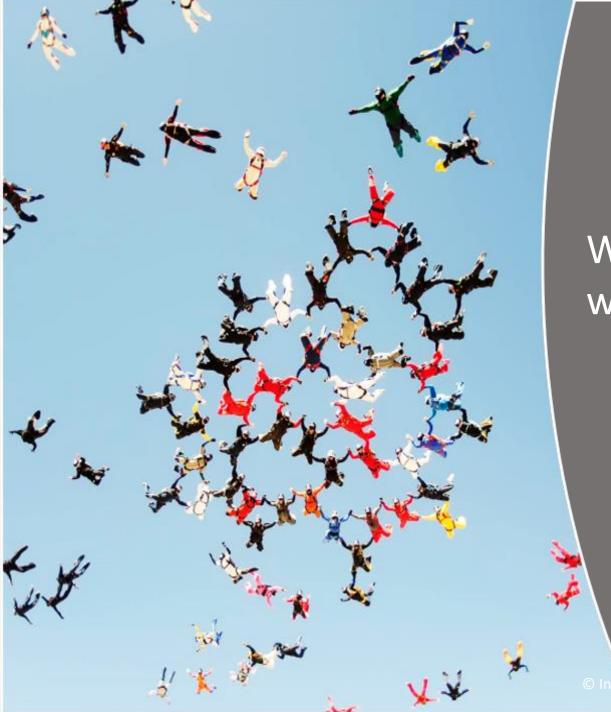
How to be an Autism Confident Employer
Breakfast Briefing

Into Work

## Programme for today



- Introduction
- What is Autism?
- What does an autistic person experience?
- What does autism friendly recruitment look like?
- Any questions



### Group Activity

When you think about autism, what words spring to mind for you?



#### communication difficulties

very focussed, high intelligence

anxiety

frustrations

social difficulties

routine

hidden talents

logical, think differently

emotions

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## What is Autism?



## Current understanding of autism



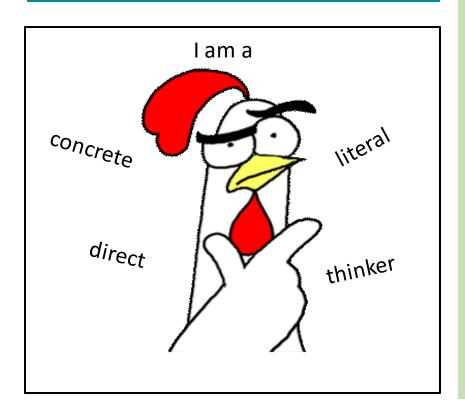
- Autistic people process information and experience their environment through their senses fundamentally differently
- Numbers of autistic people in the population between 1 in 100 and 1 in 25
- Genetic
- Autism is **not** a disease or mental illness: no cure or treatment



# What does an autistic person experience?

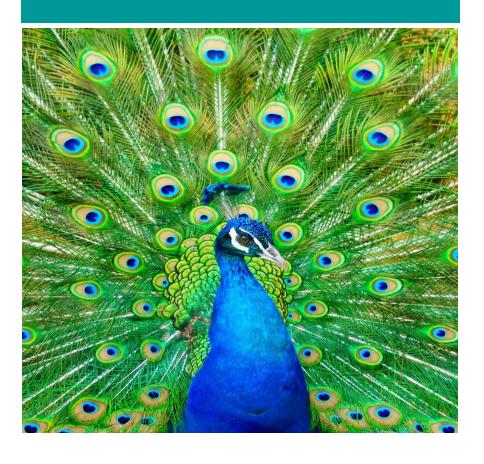
Challenges Strengths

## Social communication challenges



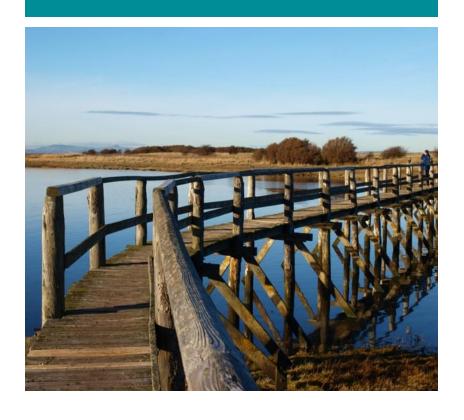
- Interpreting nuanced or vague requests
- Understanding unwritten social rules or workplace dynamics
- Reading body language & facial expressions
- Understanding and predicting thoughts,
   feelings and reactions of others
- These are as a result of being a concrete, literal, & direct communicator

#### Sensory challenges

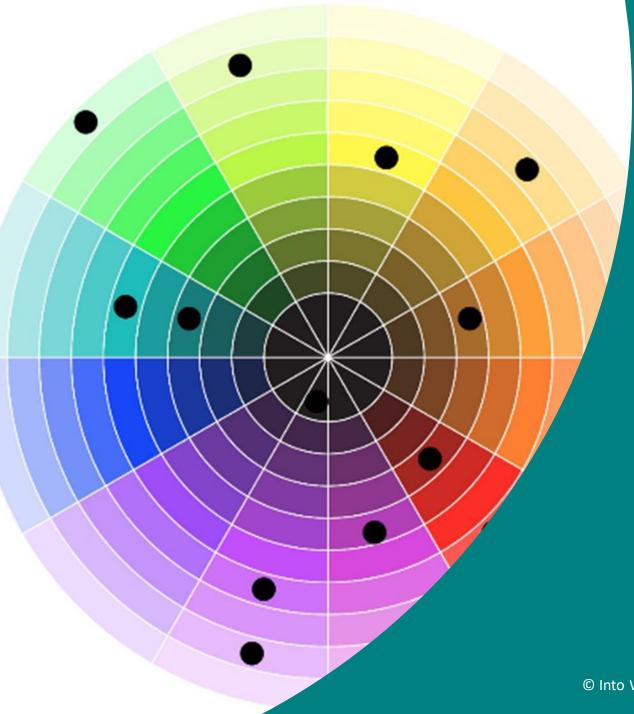


- Highly individual. For example, can include hyper/hyposensitivity to:
  - Sounds
  - Lighting
  - Smells
  - Physical contact
  - Internal feelings
- Sensory over-stimulation is overwhelming!

## Things autistic employees often do well:



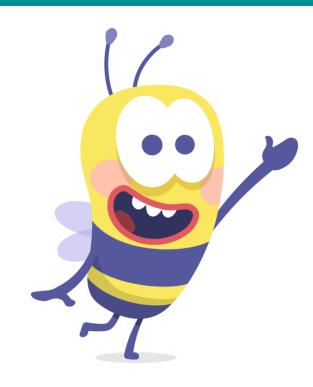
- Focused concentration for long periods
- Spotting errors or changes
- Identifying logical rules and patterns
- Remaining objective and open-minded when others are driven by emotion
- Plain-speaking, honesty!



## Autismfriendly recruitment

Job advertisements and descriptions

#### Job advertising



- Wording reflects core skills for the role? Clear?
- Expected hidden skills
- Describe the working environment
- Provide info/images of work environment
- Disability-inclusive as badge of pride!

Put what you think of this ad in the chat or unmute and say...



#### Benefits: Statistics

#### Productivity and work quality

Autistic professionals make fewer errors and are 90% - 140%
 more productive than non-autistic employees (JP Morgan
 Chase Autism at Work programme)



#### **Talent retention**

• Retention rates of more than 90%, higher than industry averages (four largest US autism hiring programs (SAP, JPMorgan Chase, Microsoft and EY)

### Benefits: Quotes

'I'm autistic, I work at the centre of the UK government on Covid response ... we with autism tend to be truthful and blunt... and an absolute dedication to facts and precision is a boon — when an emergency is unfolding, nothing is more important than accurate and truthful information.' Helen Jeffries, Deputy Director, COVID Task Force, Cabinet Office



'The more that organizations can normalize the conversations around valuing people who think a little differently, the more they can drive innovation, increase productivity and generate a sense of belonging across the entire organization'. Nathalie

Hofman, Principal, Forensic & Integrity Services, Ernst & Young

LLP

## Complete course



#### Much more information on:

- What is Autism?
- What does an autistic person experience?
- What does autism friendly recruitment look like?

#### Also covers:

- Autism friendly work environment
- Retention and good management
- Career progression

Course co-produced by autistic people and delivered by trainers with lived experience of autism. Currently run online as 3 x 1.5 hour sessions

# Feedback from course attendees

'I found the confidence that was instilled very useful' Line Manager

'The speakers ... used specific examples to illustrate concepts, and this is what made this seminar stand out from simply 'helpful' to very, very informative, where I actually have a much deeper understanding of the issues surrounding autism in the workplace and how to best support autistic employees.' Manager



'[Trainers] Suzanne, Tanya and Fiona were fantastic, I really appreciated their points of view and methods for delivering the information.' Training manager

## **Any Questions**



#### Thank you!